

HAPPY LIVING
Part 1

THE POWER OF A HAPPY HEART

A happy heart is good medicine and a joyful mind causes healing. Proverbs 17:22

HAPPINESS BASICS

- * Stop _____ for happiness and start _____ happiness
- * Happiness is a _____, not a _____
- * Right _____ create happiness
- * Happiness based on ' _____ ' is temporary because it's external
- * Happy _____ are as addicting as _____

PAUL STARTS WITH RELATIONSHIPS
Philippians 1:1-11

HABITS OF HAPPY RELATIONSHIPS

_____ for the People in My Life

Every time I think of you I give thanks. I give thanks to my God. Philippians 1:3

I thank God for the help that you gave me. Philippians 1:5

Remember the best and forget the rest

_____ for the People in My Life

I always pray for you. And I make my requests with a heart full of joy. Philippians 1:4

And this is my prayer, that your love may abound more and more in knowledge and depth of insight so that you may be able to discern what is best and that you may be pure and blameless until the day of Christ and you may be filled with the fruit of righteousness that comes through Jesus Christ to the glory and praise of God. Philippians 1:9-11

--- pray they will grow in _____

--- pray they will make _____

--- pray they will live with _____

--- pray they will become _____

_____ from People in My Life

*I'm confident of this, that God who began a good work in you will carry to completion until the day of Christ Jesus. **Philippians 1:6***

Don't always tell it like it is. Tell it like it could be.

Celebrate how far people have come rather than judging them for how far they still have to go.

*It is right for me to feel this way about you since I have you in my heart. **Philippians 1:7***

Love People in My Life _____

*God is my witness that I tell the truth when I say that my deep love for you, my deep love for you all comes from the heart of Christ Jesus himself. **Philippian 4:8***

*This is how we know what real love is. Christ gave his life for us. So then we ought to give our lives for others. **1 John 3:16***

*For God so loved the world that he gave his one and only son that whoever believes in Him will not perish but will have eternal life. **John 3:16***