

Happy Living  
Part 7

5 HABITS THAT LEAD TO HAPPINESS

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*We Christians glory in what Jesus has done for us and we realize that we are helpless to save ourselves. **Philippians 3:3***

*We couldn't carry this off by our own measure and we know it. **Philippians 3:3 (Msg)***

Enemy of Grace:  
Legalism

Legalism is trusting in the rules, in the rituals,  
regulations and restrictions I keep for God  
instead of what Jesus did for me.

*Before I became a Christian I was a legalist. I was trying to earn heaven through rituals, through my race, through religion, through rules, through reputation. It wasn't working. If anyone was a legalist I was. In legalistic righteousness I was flawless. **Philippians 3:3-6***

*I no longer count on my own goodness and I no longer count on my own ability to obey God's law. Instead, I trust Christ to save me. For God's way of making us right with himself is through faith. **Philippians 3:9***

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*All the things that I once thought were so important to me, I now consider worth nothing, because of Christ. **Philippians 3:7***

*Yes, everything else is worthless when compared to the priceless gain of knowing Christ Jesus my Lord. **Philippians 3:8***

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I want to get to know Jesus a little bit better  
and I want to love Jesus a little bit more.

*I want to know Christ and the power of his resurrection and the fellowship of sharing in his suffering, becoming like him in his death so that somehow I may be raised to life. **Philippians 3:10***

Enemy of Knowing Christ  
Busy - ness!

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*Search me O God and know my heart; Try me, test me and know my thoughts. See if there is anything evil or wicked in my life. And lead me in the way that's everlasting. **Psalms 139:23-24***

*I don't mean to say I'm perfect. I still haven't learned all I should, but I keep working toward that day when I will finally be all that Christ saved me for and wants me to be. No, dear brothers, I'm still not all I should be. **Philippians 3:12-13***

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Happiness Requires Letting Go

*I'm focusing all my energies on this one thing: Forgetting the past and looking forward to what lies ahead, I strain to reach the end of the race and receive the prize for which God, through Christ Jesus, is calling us up to heaven. **Philippians 3:13, 14***

*Forget the former things and don't dwell on the past. See I am doing a new thing! **Isaiah 43:18-19***