

**I Decide, Decisions That Can Shape Our Future
Discipline Over Regret**

Jesus said, 'In this world you will have trouble.' **John 16:33**

LIFE LESSON:

Whenever I choose my _____

I choose my _____

Discipline is:

I don't really understand myself. For I want to do what is right, but I don't do it. Instead, I do what I hate ... Oh what a miserable person I am. Who will free me from this life dominated by sin? The answer is in Jesus Christ our Lord. **Romans 7:14-25**

Don't you realize that in a race everyone runs but only one person gets the prize. So run to win. All athletes are disciplined in their training. They do it to win a prize that will fade away.
1 Corinthians 9:24

QUESTIONS TO ASK MYSELF

1. _____
____?
I have to choose what I want MOST over what I want NOW.

Principle:

Once you start finding victory in one area, it becomes easier,
by the power of God, to find victory in other areas.

2. _____
____?
What do I choose NOW, to achieve what I want MOST?

So I run with purpose in every step. I'm not just shadow boxing. I discipline my body like an athlete training it to do what it should. **1 Corinthians 9:26-27**

Let God transform you into a new person by changing the way you think. **Romans 12:2**

Principle:

If you do not do something now about what you want most
that will very likely become your greatest regret.