

**Running On Empty
Part 4**

Deceptions That Keep Us Running On Empty

Deception 1:

Deception 2:

Deception 3:

We fill our lives but our lives are not Fulfilled

**We elevate things that aren't important and
we devalue things that are important**

We Can Make Better Choices And We Can Live A Better Life

*As Jesus and his disciples were on their way, He came to a village where a woman named Martha opened her home to Him. She had a sister called Mary, who sat at the Lord's feet listening to what He said. But Martha was distracted by all the preparations that had to be made. She came to Him and asked, 'Lord, don't you care that my sister has left me to do all the work myself? Tell her to help me.' Jesus said, 'Martha' the Lord answered, 'You are worried and upset by many things. But only one thing is needed. Mary has chosen what is better and it will not be taken away from her. **Luke 10:38-ff***

The Pattern Of Getting Overwhelmed

When you are derailed by distractions, those distractions can appear as if they are priorities and those false priorities make you miss what truly matters.

**We must desire the words of Jesus
You've chosen better**

How Do You Develop The Heart Of Mary?

Questions To Ask

What is your _____?

Do my _____?

What do I need to say _____?

Every yes is a no to something else.