

## Up Your Spirit Game Part 2

*There is a way that seems right to a man, but its end is the way of death. Proverbs 14:12*

*Do not be conformed to the pattern of this world but let God transform you into a new person by changing the way you think. Romans 12:2*

God is far more interested in changing your mind  
than He is in changing your circumstances

### Why Must I Manage My Mind?

#### My thoughts

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*Be careful how you think; your life is shaped by your thoughts. Proverbs 4:23*

#### My mind is the

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*I love to do God's will so far as my new nature is concerned; but there is something else deep within me that is at war with my mind and wins the fight and makes me a slave to the sin within me. In my mind I want to be God's servant, but instead I find myself still enslaved to sin. Romans 7:22-24*

Whatever gets your attention, gets you

#### My mind is the key to

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*If your sinful nature controls your mind there is death. But if the Holy Spirit controls your mind there is life and peace. Romans 8:6*

### 3 DAILY CHOICES TO A SPIRITUAL MIND

#### I MUST FEED MY MIND

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*You shall know the truth and the truth shall set you free. John 8:32*

*People need more than bread for their life; they must feed on every Word of God. Matthew 4:4*

## When should I feed my mind the truth?

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*I rise early to cry out for help and to put my hope in your Words. Psalm 119:147*

*Lord, how I love your Word. I think about it all day long. Psalm 119:97*

*Even in the darkest of night your teachings fill my mind. Psalm 16:7*

## I MUST FREE MY MIND \_\_\_\_\_

### Three enemies of our mind

- The first enemy is my \_\_\_\_\_

*Those who are dominated by their sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit. Romans 8:5*

- The second enemy is \_\_\_\_\_

Don't believe everything you think

When the devil gives a thought we call it temptation;  
When God gives a thought we call it inspiration

- The third enemy is the \_\_\_\_\_

*All that is in the world, the lust of the flesh, the lust of the eyes and the pride of life is not of the Father but is of this world. 1 John 2:16*

*Though we live in the world we don't wage war as the world does. The weapons we fight with are not the weapons of the world, our weapons have divine power to demolish strongholds. We demolish any argument and every pretension that sets itself up against the knowledge of God and we take captive every thought to make it obedient to Christ. 2 Corinthians 10:4-5*

A stronghold is a lie that I believe

**We take captive** = We conquer every thought.

**We make it obedient**

I have spiritual authority over my mind

### **How Temptation Works**

*Temptation comes from the lure of our own evil desires. These evil desires lead to evil actions. Then evil actions lead to death. **James 1:14-15***

**Step one is** \_\_\_\_\_

**Step two is** \_\_\_\_\_

**Step three is** \_\_\_\_\_

Temptation always looks better than it is

**Step four is** \_\_\_\_\_

*After desire has conceived it gives birth to sin and the end result is death.*

*I have made up my mind to obey your laws forever, no matter what. **Psalms 119:112***

**I MUST FOCUS MY MIND ON** \_\_\_\_\_

- **Think About** \_\_\_\_\_
- **Think About** \_\_\_\_\_

*Don't just think about your own affairs but be interested in others too and what they are doing. **Philippians 2:4***

- **Think About** \_\_\_\_\_

*Let heaven fill your thoughts. Do not think only about things down here on earth. **Colossians 3:2***